



of Metropolitan Washington

SERVING THE MILITARY AND THEIR FAMILIES...

INDIAN HEADLINES

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IH Outreach
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301-744-6713
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Indian Head, MD
20640

IH USO New Email Address: suzanne.davis1.ctr@navy.mil

All events in the newsletter are happening at the USO on 14 Strauss Ave. unless otherwise noted.
EVENTS ARE FREE TO MILITARY AND THEIR DEPENDENTS!

Girls Day Out!

Find a sitter for the kids and enjoy
a USO field trip to Ft. Myer's hugh thrift shop
& lunch in Pentagon City.
Please RSVP, space is limited.
June 27th, 9am-4pm



We are having an awesome time
with **Recipe Swap!** Bring a dish to
share and a copy of the recipe too!
We'll taste test all of the entries and
then scrapbook the ones you liked
the best into your own cookbook!
June 12th at 10:30.
Scrapbook supplies are
available for free!

The Bonzai
Waterslide
is ready for fun!

June 28th
@10:30.

Don't forget your
sunscreen!

Karaoke
at the
Tiki Bar
June
1st & 15th
7-11pm

Lincoln's
Annual
Pet Show
June 23rd @11am

The USO
will be there
to provide
cotton candy!

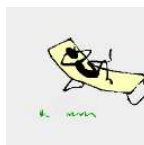
Movie on the Lawn!

Movies start at dusk (around 8:30pm) by
building 19 in Riverview housing on May
25th. Call the USO to find out what
movie is being played each time. Bring a
lawn chair or blanket to sit on. All movies
are rated PG or G, are family friendly and
usually a newer release.

Snokones, popcorn and
giveaways are always present!

Parents must be present with their
children.

If it looks like it is going to rain during the movie or the ground is
too wet to sit on, we will cancel.
Please call the USO: 301-744-6713, a message will be on the
answering machine if we must cancel.



Future Movie on the Lawn dates:
June 1st, June 15th, June 22nd, July
20th, August 3rd, August 17th and Sept.
7th.

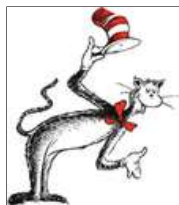
USO Yard Sale

Starting at 10:30am on June 19th! FREE lunch
to the first 20 active duty military in uniform.
Lots of treasures! Anyone on base may buy
or sell items. Please RSVP for a
free space to sell your treasures!
Don't forget to buy your lunch
while you are here from MWR!



Coffee Group at
the Brewhouse
has been
awesome! We
are going to
take a break for
the summer.
See you in the fall!

June 20th
Field trip to
Dahlgren
thrift shop &
commissary
run!
Must RSVP.



Storytime & You with Carol LaVoy, EFMP Coordinator. Read a story, participate in a craft and get good family resources! June 21st at 10:30.



The VA Representative will be at the IH USO on June 11th by appointment only.

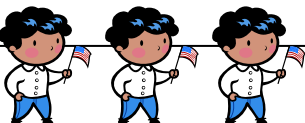


Want to volunteer? Stop by the USO to see the many opportunities available for you to give back to the military community! Next volunteer meeting on June 12th @ 10am.

Little Patriots Playgroup

Playgroup is every Thursday from 10:30 – 11:30. Children of all ages are encouraged to participate.

We have different activities every week. After playgroup pick up free baked goods provided by Food Lion and St. Mary's Star of the Sea Church.



Toiletries Pantry & Children's clothing closet

at the USO. FREE .Anytime.

Give or take kid clothes.

Take Shampoo, Deodorant Toothbrushes etc.

Food Assistance Programs

are available as well as in-house

Food pantry. Don't hesitate to come in.

Emergency Baby Pantry

at IH Baptist Church Open the 2nd & 4th Wed. of the month from 11:30-12:30.

The drycleaners next to Viking Warehouse & Mario's barber shop in town offer military discounts!

Dahlgren Events:



JULY 17th: Teach your baby sign language! Special guest Lolita Gunter will be here to show us how! Dahlgren playgroup starts at 10:30 in the chapel annex. Anyone wishing for a ride to the commissary who lives in Indian Head, please RSVP ahead of time. Space is limited.

June 2nd
Dahlgren Dog Show starts @ 9:30am
USO giveaways & cotton candy

Excellent resources online:
www.militaryonesource.com &
<http://www.militaryhomefront.dod.mil/>



USO TICKETLINE 703-696-2551

Call for the latest tickets available to events in and around the DC area. It's updated daily, so check it often!

Free admission to an Anheuser-Busch theme park for the military.
For more information & to register online:
www.herosalute.com



These are a few of our local supporters! Thank you!



Dara Frye

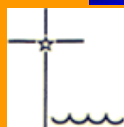
@onesixhard@verizon.net



Naval Support Activity
South Potomac

St. Mary, Star of the Sea, Church

That which we keep to ourselves, we lose. That which we give to others will return onehundredfold.



Indian Head Division



With us, it's personal.
Rite Aid of LaPlata

